



Iowa Gambling Treatment Program  
**Treatment-RSS Roundtable**  
**March 11, 2016**  
**9 – 10:30 AM**

## **NOTES**

### **Welcome/Introductions:**

<b>Agency</b>	<b>Staff on Call:</b>
ADDS	Dan, Nicolas, Alondra
CFR	Lana, Ronette, Alyssa
Compass Pointe	
EFR	Erin
Heartland	Lorelle, Andrew
Jackson	JaMaine
Prelude	Alison, Sarah
PGRS	
Pathways	
Prairie Ridge	Kelly
SASC	Allison
ISU/Help Line	Margaret
IDPH	Eric
UNI	Ki

### **Meeting Schedule:** Treatment-RSS\_Roundtable will occur quarterly

- 9 am Friday, June 3, 2016
- 9 am Friday, September 9, 2016 (Des Moines?)
- 9 am Friday, December 2, 2016

### **Agenda Items:**

#### **1. SBIRT Problem Gambling Pilot Update**

- Reports are being developed to analyze the data, both from the National Guard and other agencies that are using the screening too.

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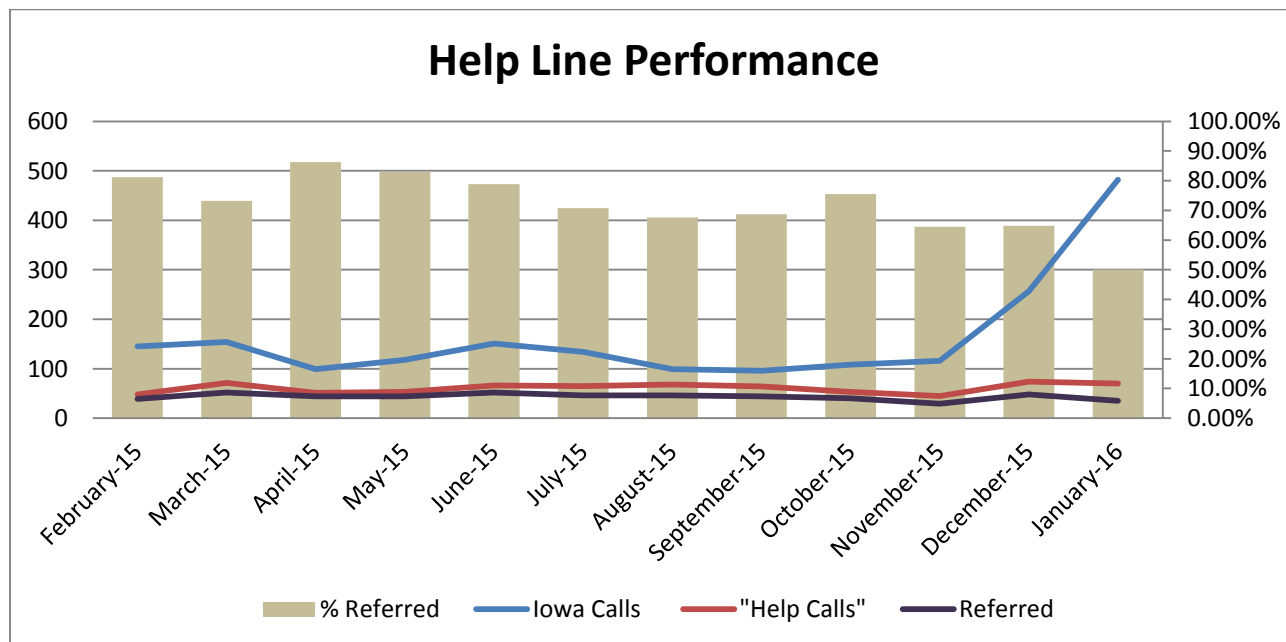
## 2. ISU –Helpline

- Monthly Summary



BO February  
2016.pdf

- Eric met with Help Line staff last week.
- Any problems or concerns, please feel free to contact Margaret.



## 3. Website Updates

- IGTP – [www.idph.iowa.gov/igtp](http://www.idph.iowa.gov/igtp)
  - Updates coming, hopefully later today.
- [1800BETSOFF.org](http://1800BETSOFF.org)
  - Eric did overview of the new site/functionality. Projected go live date will be next week. Announcement/email will be sent out.
  - Contact us emails will now go directly to the provider of the county selected.
    - Language added to current amendments requiring response to email inquiries from the site to be responded to within 1 business day.

## 4. IDPH Changes

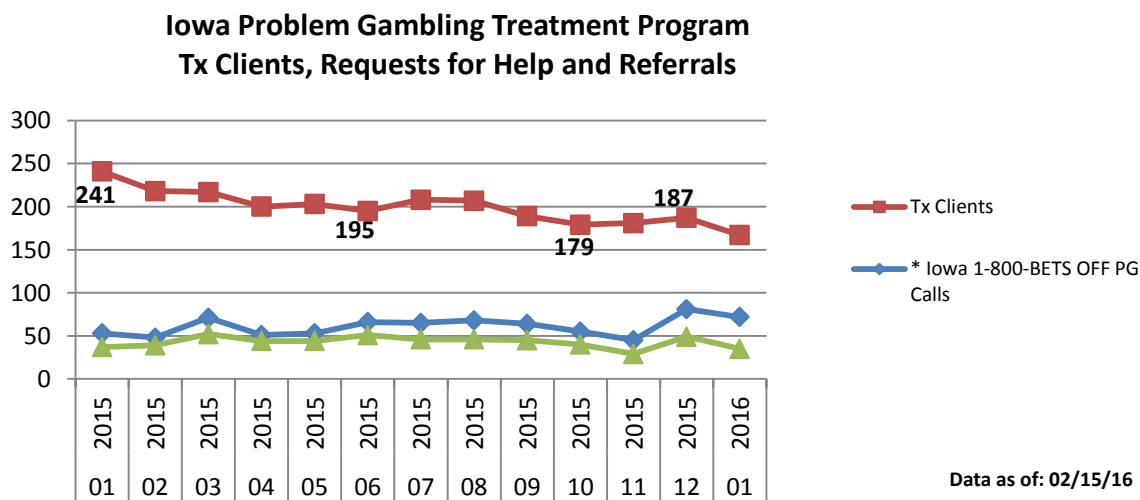
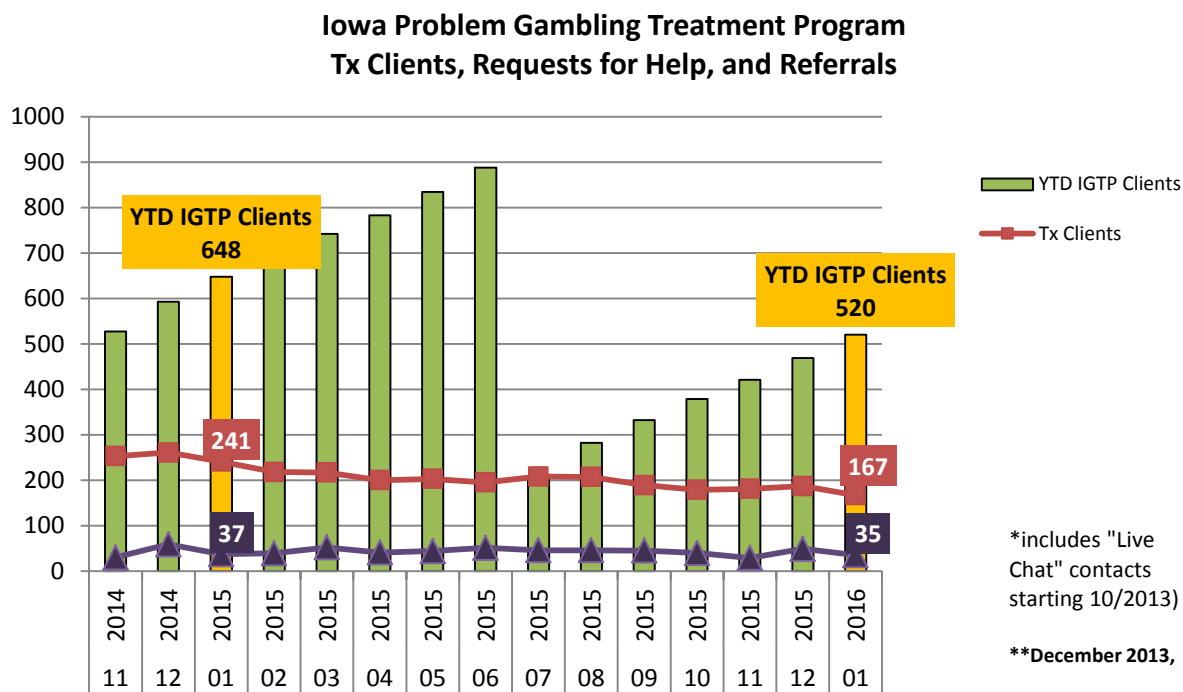
- Kathy Stone has been appointed as the Interim Deputy Director for IDPH
- Randy Mayer has been appointed as the Interim Director of the Division of Behavioral Health
- Eric now reports to DeAnn Decker, Bureau Chief - Substance Abuse
- Bob's old position has been posted, and the Data Manager position is posted.

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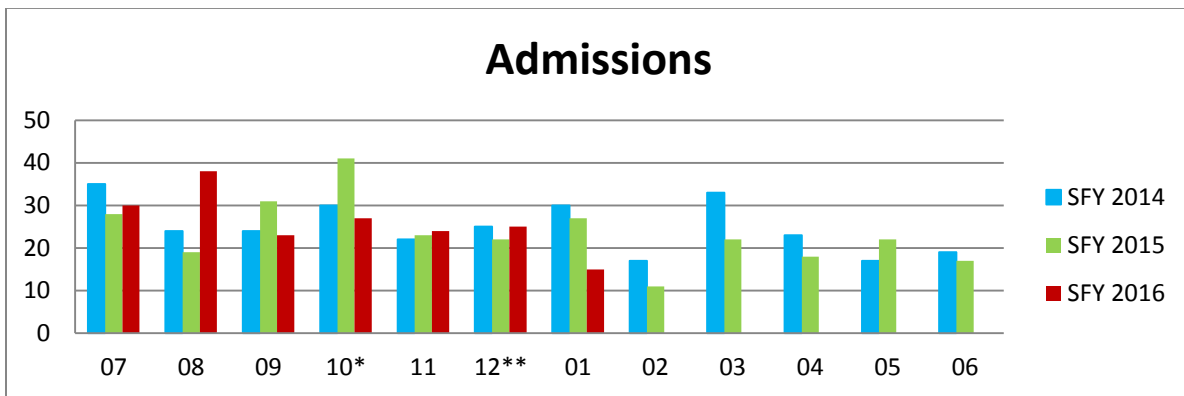
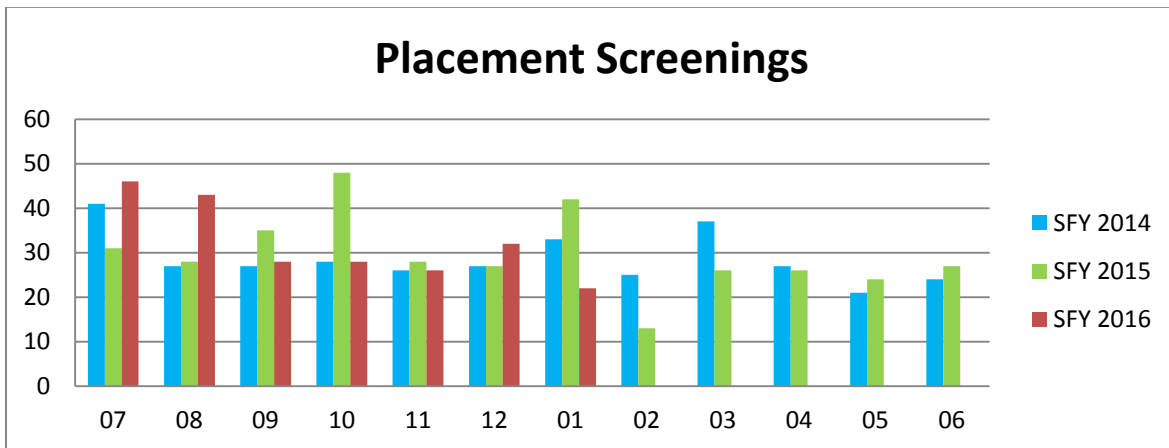
## 5. ISAIC

- ISAIC will close as of June 30, 2016.
- BETS OFF materials will be transitioning to the ISU Clearinghouse and more information will be shared as it becomes available.
  - Programs can request additional BETS OFF materials from ISAIC in this interim period, just put in the # of items requested that are desired, then forward ISAIC response for Eric to review and approve.

## 6. IGTP Monthly Counts



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BETS OFF REFERRALS									CRISIS								
	July	Aug	Sept	Oct	Nov	Dec	Jan	Total		July	Aug	Sept	Oct	Nov	Dec	Jan	Total
ADDS	2	9	6	7	4	5	8	41		9	16	6	9	8	17	7	72
Pathways	6	6	4	5	1	8	0	30		2	0	0	0	0	0	0	2
Prelude	19	14	14	17	14	16	9	103		26	19	11	12	13	18	10	109
PGRS	0	1	2	0	0	1	0	4		0	0	0	0	0	0	0	0
CFR	0	2	0	2	2	4	1	11		0	2	0	1	0	0	0	3
HFS	7	1	3	1	0	3	2	17		3	0	0	0	0	0	0	3
JRC	3	5	6	3	1	3	5	26		0	4	4	0	0	1	0	9
CP	1	1	1	1	0	1	1	6		1	1	1	1	0	1	1	6
SASC	8	6	9	3	6	6	6	44		8	9	11	4	6	3	7	48
PR	0	1	0	1	1	2	3	8		0	0	0	0	0	0	0	0
<b>Network Totals</b>	<b>46</b>	<b>46</b>	<b>45</b>	<b>40</b>	<b>29</b>	<b>49</b>	<b>35</b>	<b>290</b>		<b>49</b>	<b>51</b>	<b>53</b>	<b>62</b>	<b>46</b>	<b>62</b>	<b>25</b>	<b>252</b>

- Trending behind SFY 2015 numbers. Difference in YTD client count is related to turning the Crisis Call log back on (not allowing “faux client data” in I-SMART for the Crisis Module).

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### 7. Provider Updates

Agency	Updates
ADDS	Continue to do PS/ADM at same appointment (NIATx project) to reduce no shows to the Admission appointment. Encourages other programs to consider. New counselor has started in Bettendorf.
CFR	Follow-up on making sure screenings are being completed.
Compass Pointe	No Report
EFR	Completed presentation at Newton correctional facility, and doing presentations for PGAM, including Tyson.
Heartland	Scheduling roundtable with casino on how to help with banning process, how to engage patron into services. Film screening of "Growing Up Gambling", scheduling a public screening and one with counselors. "Keeping Money Healthy and Happy" has been offered to public/casinos. Article in local paper for PGAM. Local Radio interview. Project 21 to reduce underage gambling. Ongoing training with new therapist planned.
Jackson	Collaborating with Hard Rock, booth; visiting local banks regarding warning signs and services provided; done two TV, one radio interview. Averaging two new evals each week.
Prelude	Working with staff to build their confidence around problem gambling.
PGRS	No report
Pathways	No report
Prairie Ridge	TV interview on PGAM; three active clients right now.
SASC	Slow treatment – 6 <sup>th</sup> week of after hour calls.
ISU/Help Line	Any questions or concerns, please feel free to contact Margaret
IDPH	See above
UNI	Release date for the Attitudes and Behavior Survey Report will most likely be available by end of April. Overall prevalence of gambling has declined across the state. Slight decrease in problem gambling %. Special section this year on gaming and fantasy sports. 6 stand-alone reports this year.

8. **Recovery** – Contact Iowa Solutions (John Draper – [john@iowasolutions.com](mailto:john@iowasolutions.com)) to set up. \$100 per month, unlimited users/clients.

### 9. Roundtable Discussion Topics/Questions

- I-SMART releases 18.5
  - 18.5 current on training site, has a bug that will need to be addressed in the PG Domain assessments. Will not be released to production.
- Revised 30 Day Follow-up
  - Any questions on use of the new form?
- Choices Curriculum Questions to Dr. Hodgins
  - Response was received from Dr. Hodgins, approving use of the CHOICES self-assessment on BETS OFF, and for Criminal Justice/Forensic PPT project.
  - CHOICES Use Cases and Fidelity
    - "Participants complete a 45 minute interview by telephone with a doctoral level therapist and then receive a self-help workbook through the mail." Is it appropriate to have non-doctoral level therapists in Iowa using CHOICES?
      - Dr. Hodgins: Yes, in our 2009 trial, MSc level counselors provided the intervention. We also established fidelity with new trials with the New Zealand Problem Gambling Helpline, with a diverse group of clinicians.

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- Is it appropriate to make the curriculum available electronically?
  - Dr. Hodgins: This is a sensible extension, consistent with the previous results.
- Is it appropriate that other means (Face to Face – either in person or via Video Conferencing, Email, Chat) be used?
  - Dr. Hodgins: This is untested. We have a current ongoing trial of the use of this intervention as a face-to-face treatment, but no results to report.
- “is designed for individuals who choose not to enter, or are not able to access face to face treatment.” Would the use of CHOICES outside of “distance treatment” be appropriate?
  - Dr. Hodgins: Yes.
- Increasing Program Enrollment
  - Self-Exclusion Pilot Update
    - Template being developed for a SEP Packet of information
      - Several Tips pages
      - FAQ’s SEP document
    - Proposed change for SEP form that is being reviewed with IGA Board.
  - ADDS reports they found a number of the casino security officers at the Catfish Bend casino and area casinos seemed concerned that there is no interaction with treatment providers regarding SEP. They are open to the changes that are being discussed. There is more buy-in than we might think.
- Program Profile Report (SSRS)
  - Still being worked on, hope to have for April for 1-3<sup>rd</sup> Quarters.
- IGTP 24 Month Client Activity Report
  - Eric will be sending a request that agencies who receive this report on March 17, 2016 report back on the current status, discharge plan, and expected discharge date.
- MCPGSA 2016
  - Nicolas reported they are working hard to make sure that everyone has the ability to get into a substance abuse treatment / gambling treatment, prevention, multicultural and research presentation at each breakout block during the conference.
- Conference Attendance/Travel Funding
  - No plan to release an incentive or funding for conference attendance. However, programs may adjust current work plans (sending a request through IowaGrants.gov) if not currently budgeted or part of the approved work plan.

**10. Upcoming National/Regional Trainings:**

- **IGTP Problem Gambling Training Webinar Series (12-1:30 PM)**  
Register at [www.trainingresources.org](http://www.trainingresources.org)
  - **March 29, 2016 - Handoffs - Gambling by David Gustafson**

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- **April 13, 2016** - *Should We Screen for Gambling Disorder in Substance Use Disorders Treatment?* by **Dr. Jeremiah Weinstock**
- **May 11, 2016** - *Fantasy Sports: Fun, Gambling, Entertainment or Problem? A Gambling Webinar Session* by **Jeffrey L. Derevensky**
  
- **Governor's Conference on Substance Abuse and Problem Gambling (April 19-20, 2016)**
  
- **16th International Conference on Gambling and Risk Taking (Eadington Conference)**
  - June 6-10, 2016 at the Mirage in Las Vegas.
  - For more information on the conference, visit [www.igi.unlv.edu/conference](http://www.igi.unlv.edu/conference)
- **30<sup>th</sup> National Conference on Problem Gambling**
  - July 15-16, 2016
  - Tarrytown, NY
  - For more information on the conference, visit <http://www.ncpgambling.org/training-certification/national-conference/>
- **2016 Midwest Conference on Problem Gambling and Substance Abuse (MCPGSA)**
  - June 22-24, 2016
  - Kansas City, KS
  - For more information on the conference, visit [www.888betsoff.org/links/midwest\\_conference](http://www.888betsoff.org/links/midwest_conference)
- **17th annual NCRG Conference on Gambling and Addiction.**
  - September 25-26, 2016
  - Las Vegas
  - For more information: <http://www.ncrg.org/public-education-and-outreach/conference>

**11. Topics for next call:** Send suggestions to [eric.preuss@idph.iowa.gov](mailto:eric.preuss@idph.iowa.gov)